



Jock's Outdoor Activities

Introduction

Stretching your senses!

You have five senses and you can use them to explore the natural environment around you: sight, hearing, touch and smell and taste. In your own garden, local park or on Bennachie; sit quietly using four of your senses (we recommend you don't taste what you don't know unless it's your lunch).

Before you start Jock o Bennachie activities look, listen smell and feel to help you complete Jock o Bennachie activities:

What Is Today Like?

What is colour of the landscape?	
What are today's air smells?	
Can you hear the wind today?	
What does the weather feel like?	



Bird Sounds

Useful tip for adults: Jock says if you want to identify bird sound download one of these free apps:

- **UK Birds and Sounds**
<https://apps.apple.com/gb/app/uk-birds-and-sounds/id1137764308>
- **BirdNET**
<https://birdnet.cornell.edu>

Jock's Bird Bingo

Using information and activities about birds, see if you can complete Jock's Bird Bingo, just for fun! Print out this bingo card below.

Then cross off the things that you find, noting when found and you can add them into your Nature Notebook. Keep going until you have five in a row for a "Bingo".

But do not stop there... how many "Bingos" can you get?

We'd love to see what you find, so please take lots of photos and share with us via our [Competition](https://www.juniorbailies.org.uk/competition) page (see <https://www.juniorbailies.org.uk/competition>)



Jock's Bird Bingo

Outside activities: Green back ground

Home activities: Black text on white.

<p>Heard a wren Date: Where:</p>	<p>Saw a buzzard in flight Date: Where:</p>	<p>Make up your own bird sound</p>	<p>Found a wing feather</p>	<p>Make a picture of a bird <i>Remember to send us a picture</i></p>
<p>Found some bird poo <i>Remember to send a photo!</i></p>	<p>Seen at least 5 different birds <i>Names:</i></p>	<p>Saw a young bird being fed by an adult bird <i>Where: when:</i></p>	<p>Found a good bird joke Send it to us!</p>	<p>Seen a bird take a bath when</p>
<p>Found a hole in a dead tree made by a woodpecker Remember to send us a photo</p>	<p>Draw a picture of Jock O Bennachie We'd love to see your pictures</p>	<p>Make a birdbath or feeder <i>Send us pictures of them being used by birds</i></p>	<p>Saw a bird with a yellow break When What is it:</p>	<p>Identify at least 2 of Jocks favourite birds <i>For each bird where and when did you see it</i></p>
<p>Listened quietly in the woods – can you hear any birds? <i>When:</i></p>	<p>Climbed Bennachie with a responsible adult <i>When:</i></p>	<p>Saw a cloud that looked like a bird <i>When:</i></p>	<p>Saw a bird footprint <i>when:</i></p>	<p>Saw 2 different birds from any house window <i>when:</i></p>
<p>Found a new fact about a bird: <i>What is the fact:</i></p>	<p>Found a feather with 2 different colours on it</p>	<p>Watched a bird collect food in its beak <i>When:</i></p>	<p>Found some egg shell <i>When</i></p>	<p>Find a song with a bird name in the title: <i>Name of song</i></p>